

# Tick and Lyme Disease Resources

DEEP NATURE GUIDES

Tracking, Tending and Questing in Community

In California, the only known tick vector of the Lyme's Disease organism is the Western Black-legged Tick, also known as the Deer Tick.

For good information on ticks and Lyme's Disease visit these websites:

**[Lyme Disease in California Management Guidelines--UC IPM:](http://www.ipm.ucdavis.edu/PMG/PESTNOTES/pn7485.html)**

**<http://www.ipm.ucdavis.edu/PMG/PESTNOTES/pn7485.html>**

**[Lyme Disease | ALDF:](http://www.aldf.com/lyme-disease)**

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**If you remove an imbedded tick, you can have it tested for Lyme.**

Instructions: Keep tick moist in small container. The whole tick which has bitten a human should be submitted as soon as possible to the Public Health Laboratory. Best results are obtained if the body and head of the tick is intact, and is transported in a small bottle or plastic bag along with a water-moistened piece of cotton or paper towel. The geographic place where the tick was likely to have been encountered, and the location on the body where the tick was found attached, is important to note in the request for tick testing.

**One local testing lab:**

Sonoma County Public Health Laboratory, typically \$29

Check payable to: Sonoma County Health Services Dept.

Call lab for cost of testing: (707) 565-4711

3313 Chanate Road

Santa Rosa, CA 95404

**Western Black-legged Tick, aka Deer Tick,  
and sizes of various life stages:**

